



Do you receive Meal Preparation services from Victoria County Home Support Services? If the answer is “yes,” you are eligible to receive complimentary Meals Plus Service, a bi-weekly delivery of fresh ingredients.

Call us at 902-295-2877 to start your deliveries!

Did you know? Each CCA has a tablet with internet to use together with clients during respite or if time allows after other services are completed. Together, you can listen to past Celtic Colours concerts, tour the world with Google Maps street view, or have fun playing games.

HI-TECH WITH HEART

A PROGRAM THAT PUTS SMART TABLETS IN THE HANDS OF OUR CLIENTS.

To learn more call 902-295-2877 or email info@vchss.ca today.

THANK YOU TO THE CANADIAN RED CROSS AND THE COVID-19 EMERGENCY SUPPORT FOR COMMUNITY ORGANIZATIONS FOR MAKING THIS POSSIBLE.

NEWSLETTER

Fall Issue



VOLUNTEER WITH US TODAY!

Call: 902-295-2877 or Email: jripl@vchss.ca

VICTORIA COUNTY HOME SUPPORT SERVICES SOCIETY
 EMAIL: info@vchss.ca
 PHONE: (902) 295-2764

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Vision and Values

VISION:

Enriched quality of life.

MISSION:

To provide innovative home support services that enrich the lives of our clients by providing compassionate, competent and committed care.

VALUES:

Respect

We respect our clients, our colleagues, and the communities in which they live. We embrace diversity and consistently demonstrate integrity and compassion.

Teamwork

We offer an inclusive, welcoming work environment that recognizes the value of individuals and teams and inspires innovation and collaboration.

Leadership

We continually strive to be a leader in the provision of home support services and programs that enrich the lives of our clients and our staff.

Accountability

We are committed to being accountable to the people we serve and each other for our decisions and actions.

WORD SEARCH

T S E G N I M R A H C G A T E D
 S S B E L I E V E N T U A L L Y
 A L Y H P R Q R S C U L L Q S F
 E R Y N S I U E S O S T U O P S
 Y T V T C S X D U U J A X G O E
 E N I N I S A A D N N T F B N S
 Y F A E L U G E S T W L R G T P
 F L L L O E L D I E U I M S A I
 F A B G D P R F E R E M Y Z N E
 A G R O O V I E R F F C N S E D
 D E B E N E A Y E E N I A T O U
 O R P O R G I R E I P L H L U N
 O C U S O N I L Z T A U S I S E
 T S E G G U S P A S S E S H G S

- | | | | |
|----------|---------|-------------|--------------|
| AGOG | ALAS | ASININE | BELIEVE |
| BODEGA | BRIEFER | CHARMINGEST | COUNTERFEITS |
| CYSTS | DAFFY | DEADER | DUNES |
| ENZYME | ERGO | ESPIED | EVENTUALLY |
| EYRY | FEELS | FLURRYING | GATED |
| GROOVIER | HILTS | IGNOBLY | ISSUE |
| LEAFY | LEISURE | LENT | MYNAHS |
| PASSE | PEOPLED | PHYLA | QUANTIFIERS |
| REGAL | SCULL | SPONTANEOUS | SPOUTS |
| STIFF | SUDSIER | SUGGEST | SUPERFLUITY |
| SYNCS | THUS | TWEE | YEAST |
| ZINC | | | |

STRATEGIC PRIORITIES 2022

The Board of Directors of Victoria County Home Support has approved our new vision, mission, and values statements. They have also identified the key Strategic Priorities for the Agency. These priorities are the building blocks for our VCHS newsletter.

SUSTAINABILITY

Our Finance Associate, Maci MacDonald, has left VCHSS. We wish her luck with her new opportunity. Northwood staff are supporting the finance functions while recruiting for a replacement.

Online Training - Fuel Card Winner!

All staff recently completed their online iTACIT training on safety and workplace policies. Each staff member who completed the training was entered into a draw for a fuel card. Congrats to our winner,

Katie!



RECRUITMENT & RETENTION

We continue to support the delivery of a CCA course in Victoria County. Futureworx is currently exploring the level of interest in the community for this course. They continue to recruit potential students and instructors.

INNOVATION

Innovative approaches and technology are leveraged in the provision of services; the variety of services offered expands to support dementia care, mental health, and our growing multi-cultural community.

This newsletter will provide you with updates on our work design to action these Strategic Priorities. We also want to once again thank our staff for their continued dedication to our clients during these uncertain times. We also want to thank all of our clients for their patience, support and encouragement for the staff who come in to their home and the staff in the office who provide support behind the scenes.



Community Connections Coordinator

As you are aware, we introduced the role of the Community Connections Coordinator with funding we received from the Innovation Grant. That funding has now come to an end. We are thrilled to share that we have received additional funding to support the Community Connection role. We want to extend our formal thank you to the Department of Seniors and Long-term Care for supporting this position. This funding will allow Jennifer Ripley to continue her work to enrich the quality of life of Victoria County residents.

Get Connected Program

Get Connected provides a regular social call from a VCHSS volunteer to an older adult living alone.



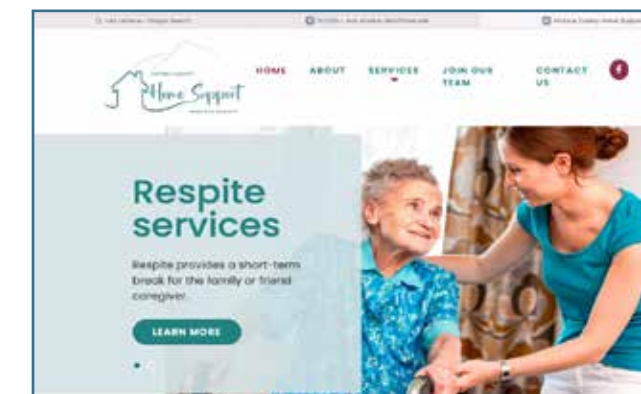
The program offers:

- A free, weekly connection with a trained volunteer.
- A friendly, pleasant conversation with someone who knows your name on topics of mutual interest.
- Volunteers are matched to participants based on common interests. Times are arranged between participants and volunteers.

Get Connected is NOT intended as a monitoring or check-in service. Callers who require additional health services are encouraged to contact Northwood's Intouch Program (902) 492-3346.

COMING SOON!

Victoria County Home Support Services is happy to announce that we will have a new online presence very soon. Keep your eyes open for news of our website launch!



Research Project & Survey

The research project “Identifying and Understanding Gaps in Dementia Care” is underway! If you’d like to share your experience with dementia care, we invite you to fill out a survey. Copies are available at the VCHSS office in Baddeck. **Call 902-295-2877** for more information.

Looking for Participants!

Help us identify and understand the current needs of persons with dementia and explore ways in which telehealth can be used to improve care in Nova Scotia by completing our research survey

Who can participate?

- Nova Scotians with dementia living in the community
- Family members, caregivers, and care partners of Nova Scotians living in the community with dementia
- NSH healthcare professionals who provide dementia care
- ASNS program and services staff members

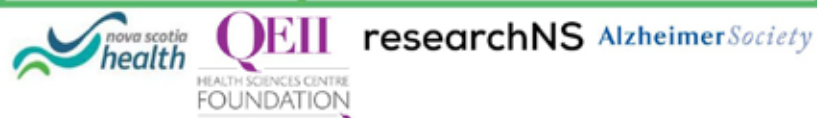
What does it involve?

- A survey (20-30 mins) on your experiences with dementia care in Nova Scotia



Interested or want to learn more?

Contact our Research Coordinator (Lindsey)
Lindsey.Puddicombe@nshealth.ca
902-473-4263 or visit our website at
<https://www.dementiacaresurvey.ca/>



UnCommon Room Project

The UnCommon Room Project, funded by Continuing Care Innovation Pilot funds, is a partnership between VCHSS, Cape Breton Housing Authority, and the Victoria County Senior Safety Program. The program delivers weekly visits by our facilitators, Wendy and Yvonne, to common rooms in Housing Nova Scotia senior housing complexes in Victoria County. If you find them in your Common Room, you may experience fun, connection, and learning. Look for them weekly in Baddeck, Iona, Ingonish, and Dingwall.



SenSupport

The SenSupport Loan Program offers complimentary access to activities for those on all stages of the dementia journey.



Memory activities, puzzles, sorting games, fidget toys, and robotic pets are some of the items available!



Each item has an 8-week loan period and comes with an educational support sheet on how to introduce it and use it.

Call 902-295-2877 to book a time to view the SenSupport collection!

DO YOU LIKE TO SEW?

VCHSS is looking for community members to help sew fidget blankets for clients and residents of Alderwood and Highland Manor. Materials and instructions will be provided. **Call 902-295-2877** or email jripl@vchss.ca for more information.



My Yard Program

Thanks to community partnerships and our volunteers, we can offer help with some outdoor yard work this spring and summer. **Call 902-295-2877** or email jripl@vchss.ca to learn more.

